



Honoring Women Worldwide™

Uniting Women Globally to Thrive in Our World

Thursday, April 28, 2011

Honoring Women, Honor Your Health Through Your Spirituality

“The soul always knows what to do to heal itself.
The challenge is to silence the mind.”

—Caroline Myss

Date: April 28, 2011

Location: St. Mark's Episcopal
Cathedral
Fireplace Room
519 Oak Grove Street
Minneapolis, MN 55403

Time: 4:30-5:15 P.M.
Light Appetizers,
Registration & Networking

Program: 5:30 P.M. TO 8:00 P.M.

Members: \$29

Non-members: \$39

**Participants receive a complimentary
copy of the book,
“Tao of Youth”**

*authored by panel member
May K. Y. Yue*

Register online at:
www.honoringwomenworldwide.org

Lindsey: 651.730.0900
lindsey@honoringwomenworldwide.org

Honoring Women Worldwide **Mission:**

Mobilizing, inspiring, and honoring
women and families from all
cultures to lead and succeed.

Your Health is your greatest asset. Every woman's body teaches and every woman has the power within to improve her health. Good health requires us to respect our life-force enough to no longer waste it.

Join with women from across cultures to **discover how to honor your health** by listening to your spirit and being in tune with your body. Our panel of experts will provide **inspiring and empowering information and strategies** to motivate you to take better care of your health through your spirituality.

You'll have an opportunity to **meet, discuss, share ideas and learn** from women in small groups. You'll **leave with a treasury of insights and actions just for you about how to engage your body connection with your inner wisdom** and use this sacred power for self-nourishment, spiritual satisfaction and better health.

Eugenia Canaan, MALS, Moderator

HWW Board Member
Director, Center for Undergraduate &
Graduate Clinical Education
HealthPartners Institute for Medical Education
at Regions Hospital



Semerit Strachan, MD

Director of Medicine
Healthy Powderhorn, Cultural Wellness Center

Stephanie Burroughs-Saffold

Senior Employee Engagement Consultant
HealthPartners Family Care, Regions Hospital
Associate Minister, Pilgrim Baptist Church



May K. Y. Yue

President
Tao of Youth, Inc.

Entertainment: **Ethnic Music**

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Honoring Women Worldwide